

Creating a Christ Circle



Growing Together in the Revelation of Christ

Items Included:

Activities Agenda
Christ Circle Covenant
Two Precious Prayers
Surrender Prayer

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www.SacredDays.org

Christ Circle Activities Agenda

This "Activities Agenda" will serve as the program for a Christ Circle gathering of 3 to 5 people. Begin by "self selecting" one member of the Circle to serve as the "facilitator." This individual will simply guide the Group through this Agenda. This role should be rotated at each Christ Circle gathering.

1. Preparation of a "Christ Circle Covenant" Prior to Beginning

Each member of the Circle should receive a blank "Christ Circle Covenant," and proceed to fill in one or two intentions that they wish to claim for themselves as an outcome of their participation in the Christ Circle.

2. Clearing, Confession & Requests 10 Minutes

Clearing is accomplished by going around the Circle and having each member simply tell the Group how they are "feeling" in the present moment. This may be either a positive or negative statement, and should be accomplished without getting into longwinded stories.

Additionally, each participant should make a "confession." This consists of answering the question, "Where have I 'missed the mark' this past week?" In other words, "What have I been believing that isn't true?"

Finally, each member may want to share the intentions from their "Christ Circle Covenant," and request support from the Group.

3. Sacred Readings 10 Minutes

Each participant should bring, and read aloud, a short passage from a sacred scripture or spiritual teacher that is personally meaningful to them. In this way, the spoken Words of Truth will serve to elevate the consciousness of the Group. The readings can be as short as a single sentence or verse, but should not exceed a half page in length.

4. GodSong Chant 10 Minutes

Have the Group perform the "God's the Love That I Am" chant. If another chant is used it should not exceed 5 to 10 minutes. A free tape of the aforementioned chant can be obtained by writing to: **GodSong • PO Box 3422 • Portland OR 97208**

5. Lord's Prayer / Surrender Prayer 5 Minutes

The Lord's Prayer is spoken aloud by the Group in unison three times. The first time in a normal voice, then in a louder voice and finally in a soft whisper voice. Any other suitable prayer or invocation can be used, and performed in the same manner. As an option, you may wish to perform the "Surrender Prayer" several times instead.

6. Silent Meditation 15 Minutes

In a mood of deep surrender and devotion the group enters into silent meditation.

7. Ministry of Prayer (Witness Prayer Procedure) 10 Minutes

To complete the evening and close the meditation, the facilitator begins the "prayer" by praying aloud for themselves. When they are finished the Group then responds in unison with the "Agreement Prayer," as follows:

" (Name of Participant) , I hear you. I see you. I agree with you;
and the Christ in me supports your prayer with Love. Amen."

The "prayer" is then passed to the next person and the process is repeated until everyone in the circle has prayed. Finally, the "prayer" is passed back to the first person for a statement of thanksgiving and completion.

Completion of Christ Circle

Approximately One Hour Total

The Christ Church of Co-Creation



Christ Circle Covenant

*"For where two or three are gathered together in my name,
there am I in the midst of them." ...Matthew 18:20*

Purpose:

Love

Vision: Growing Together in the Revelation of Christ

My intentions for being here are:

1. To fully realize and reveal the Consciousness of Christ through the practice of perfect Faith.
2. To create the Joy of Community wherever I am.
3. To experience personal Freedom by living in "Spiritual Truth."
4. To serve the awakening of Christ Consciousness in all humanity.
5. To be fully supported and prospered through the expression of these intentions.

6. To

7. To

Signed

Date



Christ Circle Covenant

"For where two or three are gathered together in my name, there am I in the midst of them." ...Matthew 18:20



Christ Circle Covenant

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6. To _____

6. To _____

7. To _____

7. To _____

Name

Date

Name

Date

Two Precious Prayers

♥ **The Lord's Prayer**

*Our Father which art in heaven,
Hallowed be thy name.*

*Thy kingdom come,
Thy will be done in earth,
as it is in heaven.*

Give us this day our daily bread.

*And forgive us our debts,
as we forgive our debtors.*

*And lead us not into temptation,
but deliver us from evil;*

*For thine is the kingdom,
and the power,
and the glory, forever.*

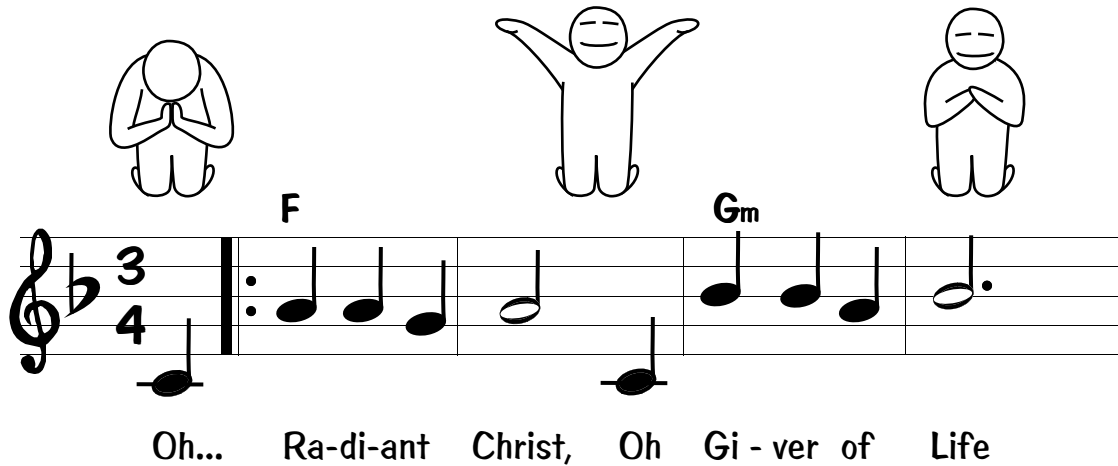
Amen. ...Matthew 6:9-13

♥ **The Serenity Prayer**

*God grant me the serenity to accept
the things I cannot change;
the courage to change the things I can,
and the wisdom to know the difference.
Amen.*

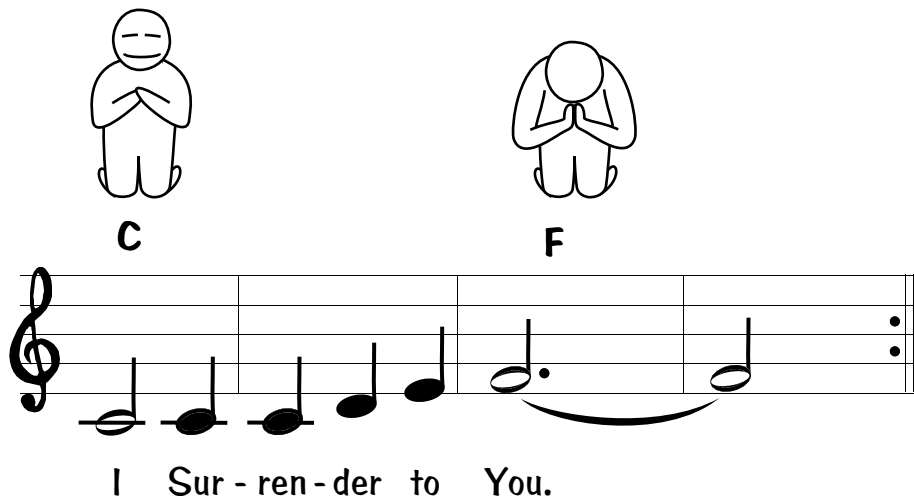
The Surrender Prayer*

This is a "Posture Prayer/Chanting Hymn" designed to create a mood of devotion and surrender prior to performing silent meditation. With a little practice you should be able to coordinate the bodily postures shown with the lyrics of the chant. This process is highly effective even without the music. So if you are unable to read the musical score below, simply perform the postures and speak the lyrics out loud in a chant like manner.



The first musical score is in 3/4 time and consists of six measures. Above the staff are three posture icons: a person with hands clasped in prayer (under the first measure), a person with arms raised in surrender (under the second and third measures), and a person with hands clasped in prayer (under the fourth, fifth, and sixth measures). The notes are: Oh... (quarter note), Ra-di-ant (quarter note), Christ, (quarter note), Oh (quarter note), Gi-ver (quarter note), of (quarter note), Life (quarter note). Chords F and Gm are indicated above the staff.

Oh... Ra-di-ant Christ, Oh Gi-ver of Life



The second musical score is in 3/4 time and consists of six measures. Above the staff are two posture icons: a person with hands clasped in prayer (under the first measure) and a person with hands clasped in prayer (under the second and third measures). The notes are: I (quarter note), Sur-ren-der (quarter note), to (quarter note), You. (quarter note). Chords C and F are indicated above the staff.

I Sur-ren-der to You.

* This chanting hymn was inspired by a similar process known as the "Easy Prayer of Surrender" created by the western born spiritual adept Sri Da Avabhasa.