

Robert Gifford 3.10.2012

Evolution

In wanting Love as a child I tried and fought hard for recognition, attention and “my share” of family. Divorce pushed hard on this child wanting acceptance and recognition in schools creating a backdrop of suffering and pain.

Mystics have said, suffering is merely but a way in which life tries to wake us to the Truth.

Suffering is my emotional state crying. Pain is my physical body crying.

My choices create my experiences based upon my beliefs about life.

My Dad being an engineer and entrepreneur handed down a belief held by my family that intelligence created evolution. One educated his life and was judged and compensated by what he knew and how he applied it.

Being lonely and scared, I applied these principles in ways that would serve as survival strategies for a small boy wanting to fit in and be accepted. I created hidden agendas and covert ways to manipulate in order to get people to like me and gain recognition in the world, and still I cried in the dark, somehow not believing I was worthy.

Nowadays I find myself in a much different mindset and circumstances.

I acknowledged within me, something that was always there, a desire to “look up”, another path available to me. A recognition of something greater than me.

In exploration of this inner feeling, I gained the awareness that it is my recognition of the “greater than me” part that creates everything, not me. I learned of a personal and powerful presence that has a perfect system for man to think into that will produce to the level of his belief that which he thinks. The model I chose to follow is Jesus Christ.

In Holy Communion is a recognition that the bread and wine is potent with the power to reveal the perfection of the Father, through my flesh and into the body of my affairs.

In this recognition is something higher than intelligence. It is wisdom born by Spirit.

As Dr. Ernest Holmes explains in *The Science of Mind*, “the awakening of the soul to a recognition of its unity with the Whole is evolution”.

In my wisdom I no longer require pain and suffering to put me on my knees to God. I choose to be a participant in my conscious evolution, evolving into the perfect mind of God, I say; The Perfect Man Is.